

Queensland Race Walking Club Inc.

Building on a fine tradition of race walking, 66 years in the making.



HEEL & TOE

July 21st 2021

Brisbane announced as 2032 Olympic Games host city



Brisbane has won the right to host the Olympic Games in 2032.

The decision was confirmed after a meeting of International Olympic Committee delegates in Tokyo this evening.

Queensland's delegation — including Premier Anastacia Palaszczuk, Brisbane Lord Mayor Adrian Schrinner and Federal Sports Minister Richard Colbeck — had to restrain themselves to standing and clapping with COVID-19 restrictions ruling out any close-contact celebrations.

Brisbane's CBD riverside erupted in fireworks as the announcement was made.

Following the announcement, Ms Palaszczuk, Cr Schrinner and Australian Olympic Committee president John Coates took part in the formal signing of the Olympics contract.

Ms Palaszczuk said she was "so excited".

"I have so much pride in my state for our people. Never in my lifetime did I think this was going to happen. It's amazing," the Premier said.



QUEENSLAND ROAD WALKING CHAMPIONSHIPS + QMA Long Course Road Walk Championships

Entries Closing Friday 23rd 9am - No Late entries

Saturday 24 July 2021 Ipswich Cycle Park, Churchill

Programme

8.00am 20km Open Men

Open Women

Masters Men 35+ (30+ for QMA)
10km Under 20 Men 2002 / 2003
Under 20 Women
Under 18 Boys 2004 / 2005
Masters Women 35+ (30+ for QMA)
8.30am 5km Under 18 Girls 2004 / 2005
Under 16 Boys 2006 / 2007
Under 16 Girls 2006 / 2007
9.00am 3km Under 14 Girls 2008 / 2009
Under 14 Boys 2008 / 2009
9.30am 2km Under 12 Girls 2010 / 2011
Under 12 Boys 2010 / 2011
1km Under 10 Girls 2012 / 2015
Under 10 Boys 2012 / 2015

Entries

Entries are taken online at www.qldathletics.org.au and close at 9:00am Friday 23 July
There are strictly no late entries to this event.

If you have any issues with the online portal contact Dave Brown at QA
david.brown@qldathletics.org.au

QRWC Volunteers The club has a long history of helping in the running of these Championships and this year is no exception. We would be extremely grateful for club members to assist with timekeeping, lapscoreing, drink station and in the setting out of the course and packing up afterwards. Thank you.

COVID-19 INFORMATION - Coaches, parents and other guests MUST register their attendance online prior to the event, otherwise they cannot remain at the venue. - Social distancing must be adhered to.

Entries as at 21.07.2021

Alex Bradley 5km Under 16 Boys
Anika Clarke 5km Under 18 Girls
Argenis Guevara 20km Open Men / 20km Masters Men
Ashanti Heap 5km Under 16 Girls
Bailey Housden 5km Under 16 Boys
Brenda Gannon 20km Open Women
Brooke Newberry 5km Under 16 Girls
Freya Williams 1km Under 10 Girls
Hunter Sibenaler 2km Under 12 Boys
Ignacio Jimenez Solis 20km Open Men / 20km Masters Men
Jasmine-Rose McRoberts 10km Under 20 Women
Kai Dale 3km Under 14 Boys
Katie Bray 3km Under 14 Girls
Kiara Waterman 2km Under 12 Girls
Kirstin Shaw 20km Open Women
Korey Brady 5km Under 18 Girls
Laura Bray 2km Under 12 Girls
Lily Goulding 5km Under 16 Girls
Lily Housden 5km Under 16 Girls
Lyla Williams 5km Under 16 Girls
Makenna Clarke 3km Under 14 Girls
Mia Bergh 5km Under 18 Girls
Milly Sharpe 3km Under 14 Girls
Noela McKinven 10km Masters Women
Phoebe Chadwick 5km Under 16 Girls

Sam McCure 5km Under 16 Boys
Skye Presland 3km Under 14 Girls

RESULTS RESULTS RESULTS

Race Walking Queensland Track Championships Sunday July 18th

Some great racing at the club track championships on Sunday in fine and sunny conditions. The morning started with an epic battle in the 5,000 metres between veteran Iggy Jimenez and rising junior star Sam McCure. Iggy won the battle in the end but Sam is already planning revenge in a re match during the track season. The only record on the day went to Bailey Housden in the U14 1,500 when he sliced six seconds off the old mark held by Kris Haywood to finish in 6:30. We also saw a great result for Lyla Williams (6.56) in the girls 1,500 metres. The morning finished with a titanic duel in the U10 1,000 metres with Freya (6:20) holding off Tully (6:30) with both girls showing steely determination all the way down the home straight. Thank you so much to the dedicated band of timekeepers, lapscorers who helped out on the day and without their help the races could not have taken place .

Open 5,000m

Men: (1) Ignacio Jimenez 23.50 (2) Argenis Guevara 27.53 (3) Peter Bennett 34.33

Women: (1) Brenda Gannon 28.25 (2) Jennifer Stuckey 32.27 (3) Noela McKinven 42.13

U20 5,000m

Women: (1) Jasmine Rose McRoberts 31.35

U18 5,000m

Men: Sam McCure 24.51

Women: (1) Summer Millard 29.54 (2) Torryn Fisher 31.55 (3) Korey Brady 33.38

U16 3,000m

Women: (1) Anika Clarke 16.52 (2) Rebecca Teahen 17.44 (3) Lily Goulding 18.25 (4) Katie Bray 18.37 (5) Lily Housden 19.05 (6) Aleksia Thomasson 23.25. Phoebe Chadwick DNF

Also 3,000m Peter Connolly 22.48.

U14 1,500m

Men: (1) Bailey Housden 6.30 (2) Kai Dale 7.59

Women: (1) Lyla Williams 6.56 (2) Natasha Flahey 8.14 (3) Skye Presland 8.32

U12 1,500m

Men: (1) Hunter Sibenaler 9.58

Women: (1) Maya Barron 8.27 (2) Siaan Fisher 9.29 (3) Kiara Waterman 9.57

U10 1,000m

Women: 1) Freya Williams 6.22 (2) Tully Fisher 6.30

Judges' Reports

	Caution	Red
13	kk	
219	k	
312	k	
356	k	
365	c	
376	k	K
396	k	
399	k	K
409	kk	

**Countdown to the Tokyo 2020 Olympics Race Walking
Events**

Men's 20km Race Walk

- Sapporo Odori Park - Thursday 5 Aug - 16:30 (17:30 AEST (Brisbane) Time)

Men's 50km Race Walk

- Sapporo Odori Park - Friday 6 Aug - 5:30 (6:30 AEST (Brisbane) Time)

Women's 20km Race Walk

- Sapporo Odori Park - Friday 6 Aug - 16:30 (17:30 AEST (Brisbane) Time)

What happens if someone tests positive for Covid-19 in the village?

If an athlete tests positive in the village they will need to isolate and will be transported to the 'Tokyo 2020 isolation facility'.

Anybody in contact with the case two days before symptoms to the point they were tested, will also be tested.

Whether or not close contacts will be unable to compete in their events will be judged on a case-by-case basis.

What happens to the corresponding sporting event?

If an athlete tests positive for Covid-19, it will have varying impacts depending on what type of event they are competing in.

For athletes in an individual event (not knockout) tests positive, they will be withdrawn and it will go down as a 'Did Not Start' (DNS) result. The next highest ranked athlete will take their place.

In a single-day event, involving multiple legs such as marathons or weightlifting, the athlete will be withdrawn and it will go down as a 'Did Not Start' (DNS) result.

For multi-day events, the next eligible athlete or team can take their place.

If a team is ruled out, the team they had to defeat to qualify for knockouts will take their place.

For sports that are knockout, such as boxing or tennis, the athlete or team ruled out will get a 'bye' and no one will take their place.

QRWC is a Queensland Athletics - associated track and field club.

The following information is to clear up any of the misunderstandings and misinformation about the QRWC.

As Qld Athletics seasons operate October - September and QRWC seasons operate April - March we offer our members a customised approach:

Join QRWC for \$15 (students) and \$25 (non-students)

here <https://www.revolutionise.com.au/qldracewalkingclub/registration/> - this covers your membership with QRWC/ Race Walking Australia within the April-March period.

As many walkers are also members of another track and field club there is no need to pay for another QA membership fee. If you are not a member of another track and field club and only wish to have membership with QRWC then you can obtain a standalone \$12 Base

Membership here <https://www.revolutionise.com.au/qldathleticsbase/registration/> - this covers your membership with QA and provides you with access to QA events within the October-September period.

"Queensland Athletics has no intention of changing the recognition and registration of the Queensland Race Walking Club and any such rumours are completely unfounded." QA CEO David Gynther

Coming Up

July	24	QA Road Walk Championships	Ipswich
August	1	No club competition scheduled	
	8	QRWC Handicap Meet 9	Kalinga Park 7.30am
	15	QRWC Handicap Meet 10 / M&W Club 15km C/ship	Morningside 7.30am
	22	QRWC Club Championships	Beenleigh 8.00am
	29	QRWC Relay/ Trophy Day/ Lunch	Kalinga Park
September	12	AA/Federation Championships	Melbourne

DATE CLAIMER: Sunday, August 29th QRWC End of Season Relays / Lunch / Trophy Day

The day starts with a 4 x 1km handicap relay that is always fiercely contested but is a lot of fun. Start getting you team together. One super keen foursome has already submitted their entry. You need to come up with a suitable name for your team. Those not in a team by race day will be allocated to a team. This is the time of year that parents can join in the fun and have a walk and see how “easy” racing 1,000 metres really is . That last 100 metres always makes for some interesting photos .

AA Road Walk Championships & RWA (2nd Federation) Carnival

Entries Open Monday 26th July

www.athletics.com.au

Entries are open to all race walkers with no selection or qualifying standards. Entries are taken online directly with Athletics Australia.

An invitational 5km and 1km (U10's) will be held during the Championships. Entries will be taken by the VRWC on the day between 7.30am and 9.00am (for the 5km) and 11am-12pm for the 1km. The cost will be \$5.

Australian Winter Race Walking Championships

Sunday 12th September

Middle Park, Melbourne, VIC

Updated Draft as 9th July

- 1 8.00 am A.A Open Men 20km Championship
R.W.A. Masters Men 20km Championship
R.W.A. Open Men 20km Teams Race
- 2 8.00 am A.A. Open Women 20km Championship
- 3 8.30 am R.W.A. Open Women 10km Championship
R.W.A. Open Women 10km Teams Race
R.W.A. Masters Women 10km Championship
- 4 10.00 am A.A. Under 20 Men 10km Championship
R.W.A Under 20 Men 10km Teams Race
- 5 10.00 am A.A. Under 20 Women 10km Championship
R.W.A Under 20 Women 10km Teams Race
- 6 10.00 am A.A. Under 18 Men 10km Championship
R.W.A Under 18 Men 10km Teams Race
- 7 10.30 am A.A. Under 18 Women 5km Championship
R.W.A Under 18 Women 5km Teams Race
- 8 10.30 am Invitation Open 5km
- 9 11.15 am A.A. Under 16 Boys 5km Championship

- R.W.A Under 16 Boys 5km Teams Race
 10 11.15 am A.A. Under 16 Girls 5km Championship
 R.W.A Under 16 Girls 5km Teams Race
 11 11.45 am A.A. Under 14 Boys 3km Championship
 R.W.A Under 14 Boys 3km Teams Race
 12 11.45 am A.A. Under 14 Girls 3km Championship
 R.W.A Under 14 Girls 3km Teams Race
 13 12.10 pm R.W.A. Under 12 Boys 2km Championship
 R.W.A. Under 12 Boys 2km Teams Race
 14 12.10 pm R.W.A. Under 12 Girls 2km Championship
 R.W.A. Under 12 Girls 2km Teams Race
 15 12.25 pm Invitation Under 10 Boys 1km
 Invitation Under 10 Girls 1km

PAN PACIFIC MASTERS GAMES 2021



Entries Now Open

The Queensland Race Walking Club has been appointed to deliver the 10km road walks at the 2021 Pan Pacific Masters Games.

Check out the Road Walk page at <https://mastersgames.com.au/ppmg/sports/>

The walks will take place on Sunday November 14th at the Luke Harrop Cycling Circuit at Runaway Bay at 7am



The medals for the Games have now been unveiled

Competitor Games Fee

\$125 Early Bird Fee (16 March – 31 August 2021)

\$145 standard fee (from 1 September 2021)

Sport Fee: \$20 per person

Entries Close Wednesday 3 November 2021 (11:59pm AEST)

What happens if the event is cancelled or entries are restricted due to COVID-19?

Should an entrant have COVID-19 like symptoms, have COVID-19 or be a close contact of a COVID-19 case, we encourage them to be responsible by staying away from the event. If they are affected in these circumstances or a government health order prevents them from attending, PPMG will refund fees paid less a \$20 processing fee if they advise management by 11:59pm Sunday 14 November 2021. To process a refund in this situation please email info@mastersgames.com.au together with evidence of a COVID-19 test taken within 72 hours of your planned event.

If the PPMG21 is cancelled, or entries restricted, due to COVID-19 or restrictions placed by government preventing the staging of the PPMG21, we will refund fees paid less a \$20 processing fee.

Event Enquiries: Pan Pacific Masters Games Email: info@mastersgames.com.au Phone: +61 7 5668 9888

Australian Masters National Championships 2022

Following the cancellation of the last two AMA National Championships Tasmanian Masters offered to defer their turn in favour of a mainland state in the expectation that there would be a higher than usual number of entries. Queensland took up this offer and are to be followed by New South Wales in 2023 as already planned. Tasmania will take their turn in 2024.

TO BE HELD IN BRISBANE, QUEENSLAND 1 TO 4 APRIL, 2022

The preparation for the 2022 Brisbane AMA Championships is based on the Local Organising Committee's work for the cancelled 2020 Championships. The major change, after consultation with states, is that the event not being held at Easter. With the Friday and Monday being normal working days, and the subsequent reduced number of officials on those days means that non-stadia events will not be held on the Monday. That means the 10km road walks will now be on the Sunday .

CLUB UNIFORMS – ONLINE SHOP NOW OPEN

<https://www.revolutionise.com.au/qldracewalkingclub/>

You can now order and pay for club uniforms at the QRWC RevSport portal. Orders are taken on the understanding that they will be able to be picked up on race day.

Contact Jen at qrwcregistrar@gmail.com if you have any questions or want to make alternative arrangement to collect your purchase.

Wearing the QRWC uniform is not compulsory at club meets but it is encouraged. For Federation Meets like the Canberra Carnival wearing the club uniform is compulsory

QRWC memberships for 2021/2022

\$15.00 for students

\$25.00 for non-students

*QRWC fee only, does not include Qld Athletics membership.

Members to go to the page

<https://www.revolutionise.com.au/qldracewalkingclub/registration/> and enter their National ID, Surname and DOB - click RENEW if you have been on RevSport before and the new payment classes will be there to select.

If you have any problems or queries about club membership contact ;
david.brown@qldathletics.org.au or QRWC Registrar Jenny Stuckey
qrwcregistrar@gmail.com

QA Membership Details South Qld 2020/21 Season

Base Membership - \$12 plus club fee

During the pandemic we are offering pay-as-you-go membership:

All Shield meets - \$25 per meet

All State Championships* - \$30 per event

Eligible for in-stadium** state teams & national teams - \$100 fee

Eligible for all out of stadia*** state teams & national teams

Club Coach, Officials & Volunteers - \$0

If you need clarification on any aspect of membership and benefits, please email
info@qldathletics.org.au

QRWC Handicap Meets and Points

At the end of the season trophies are awarded to the first three places, male and female, in each grade based on total accumulated points from club **Handicap race meets** during the season. For each grade the following table indicates the points to be allocated for each week's handicap races for males and females.

Grade	Start Points	Completed Points	Best Season Performance	Handicap Points
A	8	21	29	57,54,51,48,45,42,39
B	7	17	24	47,44,41,38,35,32,29
C	5	14	19	37,34,31,28,25,22,19
D	4	10	14	27,25,23,21,19,17,15
E	2	7	9	17,15,13,11,9,7,5
F	1	3	4	7,6,5,4,3,2,1

Starting points are awarded for starting the event.

Completed points are awarded for finishing the race distance.

The Best Season Performance. To be awarded handicap points for the best season performance, the member must have competed in a prior Racewalking Queensland or Queensland Athletics road walking event over the same distance during the current winter season.

To be eligible for Handicap Trophies a member must participate in a minimum of 50% of designated Handicap Races during the season.

Handicap points are awarded to the top 7 place-getters within the sealed or non-sealed handicaps as per the above table. The member placed 1st, based on the handicap results, receives the highest points while the member placed 7th, based on the handicap results, receives the least points, thus a member winning the handicap for the A grade men could be awarded a maximum of 115 points. To maximise your points for the season it is recommended that an athlete stays in the same grade for the season.

Racewalking Queensland Management Committee 2021/22

President: P Bennett

Secretary/Treasurer: N. McKinven

Vice President. I Jimenez

Committee: J Stuckey, S McCure, J-R McRoberts, S Pearson, D Millard, K Martin

Patrons: Patrick & Maxine Sela

Registrar: J Stuckey / C Chadwick

Equipment J McRoberts

Uniforms: J Stuckey

Publicity / Media C Chadwick

Newsletter Editor: P. Bennett

Club Captains: Jasmine-Rose McRoberts / Ignacio Jimenez

Race Walk Coaching

If you are looking for coach or would like to be part of a training squad here are the qualified coaches in the club:

Noela McKinven Walks Level 4

Robyn Wales Walks Level 3

Shane Pearson Walks Level 3

Steve Langley Walks Level 2

Jasmine-Rose McRoberts Level 2 Club coach

Queensland Athletics Member Protection Policy

As a member of Athletics Australia, Queensland Athletics, an affiliated club or an individual member everyone is required to comply with the Queensland Athletics Member Protection Policy. We are committed to the health, safety and general well-being of all of our members and will work to ensure that everyone associated with our organisation complies with this policy. We would encourage all who are involved in athletics to familiarise themselves and comply with this policy.

You can read the full policy here

<http://www.qldathletics.org.au/Portals/50/General/QA%20Member%20Protection%20Policy%20-%20July%202015.pdf>

Contact emails:

qrwc1@optusnet.com.au Membership, coaching or general enquiries about the club
racewalkqld@outlook.com Articles for the newsletter, to send in results, to join newsletter mailing list.

About us

Racewalking Queensland conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter. We value your input.

For news and information on the Australian Federation of Race Walking (Racewalking Australia) and the member clubs go to www.rwa.org.au

RWA Facebook page <https://www.facebook.com/racewalkingaustralia/>